

Book recommendations by Heartworkers

Title	Author	Topic
A Brief History of Everything	Ken Wilber	Spiritual evolution
Alcoholics Anonymous (The Big Book)		Personal growth
A Return to Love	Marianne Williamson	Spirituality
Balancing Heaven and Earth	Robert Johnson	Psychology
Body Centered Inquiry (CD)	Jonathan Foust	Meditation
Breath Sweeps Mind	Jakusho Kwong-Roshi	Meditation
Breakthrough: Meister Eckhart's Creation Spirituality	Matthew Fox	Spirituality
Broken Open	Elizabeth Lesser	Personal growth
Discovering Your Soul Signature	Panache Desai	Personal growth
Eating in the Light of the Moon	Anita Johnson	Personal growth
Embraced by the Light	Betty Eadie	Life after death
The Invitation	Oriah Mountain Dreamer	Poetry
Knowing Your Shadow (CD)	Robert Masters	Psychology
Love Poems from God	Daniel Ladinsky	Poetry
Love Without Conditions	Paul Ferrini	Christianity
Meeting the Dragon – Ending Our Suffering by Entering Our Pain	Robert Masters	Personal growth
Men, Women and Worthiness: The Experience of Shame and the Power of Being Enough	Brene Brown	Relationships
New Self, New World	Philip Shepherd	Personal growth
No Self No Problem	Anam Thubten	Spirituality
Pilgrim at Tinker Creek	Annie Dillard	Nature
The Power of Vulnerability: Teachings on Authenticity, Connection and Courage	Brene Brown	Relationships
Sadhana, A Way to God	Anthony de Mello	Spirituality
Spiritual Bypassing: When Spirituality Disconnects Us From What Really Matters	Robert Masters	Spirituality
Tattoos on the Heart	Greg Boyle	Relationships
Turning Pain Into the Path, Freeing Yourself From Guilt, Blame and Shame	Tenzin Wangyal Rinpoche	Personal growth
The Untethered Soul	Michael S. Singer	Personal growth
When the Heart Waits	Sue Monk Kidd	Christianity